

MAKING A



DIFFERENCE

Friday 8th April 2022

8.30am — 12.00pm

Hill View Infant Academy, Sunderland SR2 9JJ

£50 per delegate

This half day course will give delegates a better understanding of the impact of adverse childhood experiences (ACES) on children. It will provide strategies to support vulnerable pupils who are currently experiencing or have experienced trauma or adverse childhood experiences and help improve pupil wellbeing.

The day will start with a session from renowned motivational speaker, Richard McCann. Then Dr. Liz Christie from CYPs will provide an overview of ACES and how they hurt children. This will be followed by a session with Hannah from Playology, who will focus on the importance of wellbeing using the outdoor environment.

## Agenda

8.30am - 9.00am	Breakfast and Networking
9.00am - 10.00am	I Can with renowned motivational speaker, Richard McCann
10.00am - 10.45am	Behaviour is Language with Dr Liz Christie from CYPs
10.45am - 11.00am	Break
11.00am - 12.00pm	Growing Hearts with Hannah Atkinson from Playology
12.00pm	Finish

## *Session 1: I Can*

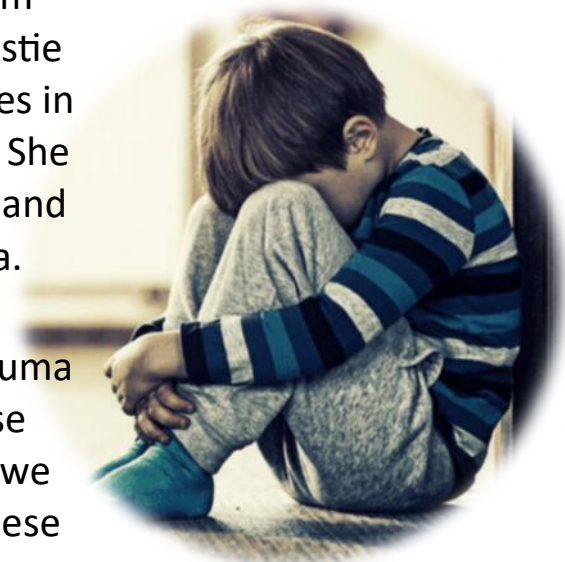
Richard McCann's life story is a prime example of how mindset changes everything. During this session he will share his own story of transformation, highlighting the key people who helped him along the way, giving all school staff a powerful reminder of just how much of a difference they can make.



## *Session 2: Behaviour is Language*

Dr Liz Christie is a Consultant Clinical Psychologist from South of Tyne Child and Young Peoples Service. Dr Christie has worked in Child & Adolescent Mental Health Services in the NHS in the North East of England for over 21 years. She is an expert in child development, trauma, attachment and how children and young people recover from trauma.

This session will look at what is meant by childhood trauma and adverse childhood experiences (ACES), how these experiences hurt children and young people and how we can help children and young people to recover from these experiences.



## *Session 3: Growing Hearts*

Hannah is an experienced early years lead teacher and MD at Playology Beach School and Learning Studio. Join Hannah Atkinson to embark on a journey of reflection.

This session; 'Growing Hearts' will unlock how to use outdoor playful learning experiences as part of your teaching toolkit to promote mental health, finding ways to work on wellbeing, and supporting self care.





# Booking Form

## Making a Difference

8th April 2022

Name of Delegate(s): \_\_\_\_\_

Name of School/Academy: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Special Dietary Requirements: \_\_\_\_\_

*Places are allocated on a first come first served basis. A £50 per delegate charge will be issued to the address stated above. A full refund will be issued if your place is cancelled more than 14 days in advance of the conference date. Please note that we will be unable to refund your fee if you cancel your place less than 14 days before 8th April 2022.*

**Please return your completed form to  
office@hvi.org.uk**



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